

The evaluation of the level of anxiety and depression in patients with psychosomatic disorders who visited otolaryngology by means of their required makeup time

Fumiyuki Goto

Keio University School of medicine, Department of otolaryngology

The makeup is basically unique behavior only for the female. The consuming time for makeup can be closely related to the personality. Recently we are keen to treat the psychosomatic patients in otolaryngology with clinical psychologist. The objective evaluation of the patients with these disorders are usually difficult. We realized that the makeup time is not stable in any patients but it was altered depending on the state of mental health in patients. The subjects were 25 control and 3 patients. BSRI (Bem Sex-Role Inventory) and original inquires asking their makeup time were used. The Bem Sex Role Inventory is designed to provide an assessment of degrees of masculinity, femininity, and androgyny according to Sandra Bem's gender schema theory (Bem, 1981). BSRI The results indicated that the score of BSRI in control were M=76.4±16.7, F=92.0±13.3, S=85.6±8.8, makeup time=15.8±7.2 minutes, and M=74±26.9, F=104±15.6, S=94.3±6.8, makeup time=13.3±5.8 minutes respectively. From these results the weak collation were postulated that the degrees of masculinity, femininity, and androgyny can affect their makeup time. Further studies are required to confirm the makeup time can be subjective parameters for the evaluation of mental health in psychosomatic patients.